

REBOUND DANCE & HEALTH

A social enterprise - not for profit organisation

Health & Fitness Classes in Huyton

Mon Nifty 50's (Over 50's) 10-11am Huyton Gateway £2.50

Yoga - 11.15-12.15pm Huyton Gateway £3

Wed Line dancing 10-11am Huyton Gateway £2.50

10-11am Knowsley Village Hall

Low Impact Keep Fit 9.30-10.30am

St Brigids Stockbridge Vill £2

11-12pm Huyton Gateway £3

Thur Yoga 6-7pm Huyton Gateway £3

**2 classes
in any one
week £5 -
3 classes £7**

Everyone Welcome!

Huyton Gateway, 115 Rupert Rd - L36 9TE

healthy living network
NORTH WEST

489 4616

